

INR@HomeSM



Enjoy the freedom and
convenience of Self-Testing

At Philips, our goal is to improve people's lifestyles and simplify healthcare. We will be delighted to be able to help you manage your anticoagulation therapy from home with this service. Philips **INR@HomeSM** will make it simple and easy for you to test and yet provide your physician with the data needed to help you stay in your safe therapeutic range.

The next step is to work with your physician for a prescription to enroll in our service. We look forward to serving you and your physician as we monitor your anticoagulation status.

For more information

Visit our INR website

inrselftest.com

or

Call our Customer Service Team:

INR@HomeSM Center 1.800.295.3530

Coumadin is a registered trademark of
Bristol-Myers Squibb Pharma Company.



Philips Remote Cardiac Services
7 Waterside Crossing
Windsor, CT 06095
Telephone: 800.367.1095
Fax: 860.298.6125
www.philips.com/remotecardiacservices

©2008 All rights reserved.
#6101 * SEP 2008

PHILIPS



Anticoagulation Patient Self-Testing

Physicians order warfarin (Coumadin[®]) to help prevent blood clots from forming for those who have had a Mechanical Heart Valve implanted, who have a history of Atrial Fibrillation, or other medical conditions that may require life-long anticoagulants. The measurement used to keep track of the blood's clotting time and help keep you in a safe therapeutic range is called INR, which stands for International Normalized Ratio. Medicare has recommended frequent monitoring of INR for all patients taking warfarin because too much or too little of these medications (sometimes referred to as blood thinners) can cause serious complications. Most patients test once every four (4) to six (6) weeks at the lab, in the clinic or physician's office. Now, with Philips' **INR@HomeSM** Service, we make testing easier for you. The protocol is approved to enable testing to occur more frequently, helping you and your physician keep closer track of your INR results to help your care.

Philips INR Self-Testing Monitoring Service offers you...

- **CONVENIENCE** Test from the comfort of your home or take your meter with you when you travel to monitor your INR levels weekly. You will reduce your trips to the laboratory which will save you time and gas for the car.
- **SECURITY** The testing devices are FDA cleared for home use. When you self-test, the results are accurate and ready in just minutes. Studies have shown that patients who self-test on a regular schedule have fewer anti-coagulation related complications and stay within their therapeutic range more frequently than those patients who do not self-test.*

* Horstkotte 1996: National Coverage Analysis(NCA).



How does our service work?

IT'S SIMPLE

A representative from Philips will contact you to begin your enrollment. Philips will provide you with a simple to use self-testing system that includes all the supplies and instructions that you will need. Once each week, you will test a small amount of blood- just a drop or two taken from a finger stick. This drop is collected by the testing strip and inserted into the INR meter which will measure your INR level.

IT'S FAST

Now that you have your INR value, you will call Philips toll-free number to report the results. Our system will compare your test results with your optimal INR range provided to us by your physician. Your doctor will be promptly notified and will receive a copy of the test report. Your entire INR test takes less than 15 minutes!

WE CARE ABOUT YOUR HEALTH

We are available to answer your questions and our service will keep your physician informed about your anticoagulation status. Trust Philips and our **INR@Home**SM Service to work together with you and your doctor to monitor your anticoagulation levels.

Frequently Asked Questions

Testing

Q. When can I start testing?

A. Only after you have received your training. Please do not attempt to self-test until you have been properly trained.

Q. How will I be trained to use the testing device?

A. You will be trained by either a Philips nurse or a staff member from your doctor's office. The meter and supplies that you need for testing will be provided by Philips.

Q. How often will I need to test?

A. Your physician will prescribe the frequency, but typically you will test once per week. Medicare has determined that frequent testing can lead to fewer warfarin-related complications, so our service follows this recommendation.

Part of our service is to maintain your prescribed frequency. Our service will call to remind you to test if we find you have missed a test.

Q. Will my doctor still be involved in my care?

A. Yes. After each test, you will report your results to Philips service 1.800.804.0002, and we will prepare a report to send to your physician's office. Based on your test results, your doctor's office will direct you as needed.

Q. If I am on vacation or away from home for a period of time can I still be tested?

A. Yes. Take your meter and supplies with you while traveling and take your weekly test. You will be testing on the same device wherever you go so your results are more consistent than using a laboratory in another location.

Q. How do I find out more about Coumadin Self-Testing?

A. Call Philips' toll-free **INR@Home**SM information center at 1.800.295.3530. A representative will be available to provide you with more information or to help you get started self-testing. We also invite you to visit our website at www.inrselftest.com for more information.

Billing

Q. Will I be charged for the INR meter that you send me for the service?

A. No. The meter is the property of Philips and is on loan to you as part of the service. We will ask that you return it to us when the service is discontinued.

Q. Will my insurance pay for this service?

A. Medicare will pay for Philips' **INR@Home**SM Service for patients with Mechanical Heart Valves, Chronic Atrial Fibrillation and Venous Thromboembolism. The testing is also covered by most insurance companies. Depending on your particular coverage, your costs will vary.

Q. How will I be billed for my INR service?

A. If you are a Medicare patient, Medicare Part B will pay 80% of their approved rate for our services.

If you have secondary insurance, we will bill your insurance carrier on your behalf for the remaining 20% and deductible (if applicable). If you do not have a secondary insurance plan or in the event a balance remains, only this portion of the bill will be your responsibility. Our insurance specialists will be able to provide you with more specific information.